

Nössing Hof

OUR PORTFOLIO

This folder contains

<i>Introduction</i>	2
<i>Important information</i>	3
<i>House rules</i>	5
<i>The Nössinghof and its history</i>	6
<i>Restaurants</i>	8
<i>Farm products</i>	10
<i>Nice weather suggestions</i>	14
<i>Bad weather suggestions</i>	16
<i>Day trips</i>	18

Introduction

Welcome! We are happy to welcome you to the Nössinghof in Tirolo. It's nice that you are looking to be close to nature. We would like to share our knowledge of apple cultivation, herbalism and South Tyrolean culture with you.

In order to provide you a nice holiday destination, in 2021, we started to renovate the rooms that were originally from the 80s. Experience a unique symbiosis of tradition and modern. The eye-catching building is located in the middle of its own orchards. The tranquility of our village of 2,500 inhabitants and the rural flair offer unforgettable hours with family and friends.

Our greatest wish is to meet the wishes and needs of our guests. You deserve a feel-good, relaxing and/or active vacation. Our farm is located in the Burggrafenamt, a stone throw from the spa & garden town of Merano and is a good starting point for cycling, hiking, walking, golfing and much more.



Important information

Emergency number: 112

Hosts mobile number (in case of emergency): Emily +39 3923749249 -
Simon +39 3389751128

Address: Our address is: Aichweg 35 Nössinghof, 39019 Dorf Tirol (BZ)
Italy

Doctor: The doctor's practice in Dorf Tirol is located at Lingweg No. 14. For
appointments, contact Dr. Sleiter at the following telephone number: +39 0473 923
626

Pharmacy: You will find the pharmacy on the main street No. 19A. The phone number
is: +39 0473 923 725

Allergies: If you suffer from allergies or intolerance, please let us know.

Library: Our book collection includes fiction and non-fiction about nature and
culture. You are welcome to borrow them during your stay.

Bus: There are several bus stops in the area. One bus stop is 200 meters south of
the farm. Just follow the path along the house and keep to the left. The bus line No.
240 Passeier-Meran is located on the main road. If you want to go towards Merano,
stay on the upper side of the street. If you want to go towards Passeiertal, you will
have to cross the road. The end station in Merano is by the train station and there
are connecting bus lines & trains that take you anywhere you would like to go.
There is another stop 100 meters north of the farm at the "Kalchgruber" if you like to
a ride into the village.

Bike rental: You can rent bikes and e-bikes in Dorf Tirol, Hauptstraße 50 at Tirol-
Bike. It is best to reserve one day in advance by calling +39 0473 926 007

Church services: Holy Mass takes place on Sundays and holidays at 9 a.m. and 10.30
a.m., Saturday evening 8 p.m. in the parish church in Dorf Tirol

Dogs: Your loyal companions can of course also go on vacation. You are welcome to
take your pet for a walk in the fields, but we kindly ask you to collect the dog's
waste, as food is produced in the fields. Plastic bags are available on request. We
also kindly ask you to dispose the plastic bags in a rubbish bin and do not leave
bags filled with feces in the fields. In general, the muzzle is mandatory in all public
transport and cable cars.

Dog shop: Dogat in Meran, Romstrasse 30A, there you can get food, treats, leashes,
muzzles and a lot more.



Post office: The post office can be found at the following address: Hauptstrasse 32 Dorf Tirol, opening times vary (ask Google if necessary), the post box for dropping letters is always available.

Travel agency: The Ifinger travel agency organizes day trips every day. For more information and their program: Hauptstrasse 37 Dorf Tirol (next to the petrol station) or +39 0473 923 365

Tirol tourist office: The tourist office is located in the center of the village , Hauptstrasse 31. There you can get brochures and information from the area. Telephone number: +39 0473 923 314

Drinking water: The water in the fountain in front of our house entrance comes from a well, has not been filtered and is therefore not suitable for drinking. The water from the tap in the house is the best spring water. You can drink it safely.

House rules

Parking: There is a lot of movement of tractors and agricultural machinery in the yard. Therefore, we ask you please always park your vehicle in the designated parking lot.

Smoking: Smoking is prohibited in the entire house. You are welcome to smoke cigarettes on the balcony or on the breakfast terrace. During breakfast we ask you to show consideration for the other guests. Please do not throw your cigarettes on the ground or in the meadow, we will be happy to provide you with an ashtray.

Breakfast: Breakfast is from 7.30 a.m. to 9.30 a.m. If you would like to have breakfast earlier due to an early departure or day trip, please let us know the day before.

Rooms: The rooms are regularly vacuumed and the bathroom cleaned during your stay. If this is not necessary or not desired, we ask you to let us know. Towels and bed linen are not changed daily for environmental reasons. If you need fresh towels or bed linen, please let us know. Please lock your room when leaving.

Response times: We are happy to take care of your well-being and fulfill your wishes. Please communicate your plans or needs during breakfast time so that we can take care of them. There is a possibility that the hosts won't be available in the afternoon or in the evening based on the line of work.

Garden and barn: The barn is not accessible to our guests for security reasons. You are welcome to look at the garden, but we ask you not to take any fruits, berries or herbs by yourself.

Harvest helper: Our most loyal employee Andrey is from Macedonia. He comes to our farm Nössinghof several times a year to help us with the work in the fields. In addition to Macedonian, he also speaks Italian. From August to November there are always multiple harvest workers on the farm. They are kind and very respectful. If you have a different impression, please let us know.

The Nössinghof and its history

The Nössinghof is located in the Aicha district in Dorf Tirol. The area was probably named because of there used to be numerous oak trees. The name Nössinghof could have been derived from Senesig-Hof and was probably named after a resident who originally came from the village of Jenesien (43km away). The name could also come from Saint Genesius, the patron saint of actors and stage performers.



The first documentation of the name Nössing goes back to the year 1305, records of a Mr. Hainrich Nesiger were found. At that time the farm was probably still owned by the church and the Nesigers acted as administrators. In 1534 documents talk of a Lucas Nesi and in 1536 a mention of the Nesighof (Senesihof in Tyrol). In November 1840 the cattle ownership in the municipality of Tyrol was to be determined. There an Anton Leiter, from Nössinghof was mentioned: he owned 1 horse, 3 bulls, 4 cows, 2 oxen, 2 calves, 2 rams and 4 sheep. Later, Franz Knoflach, a farmer's son from Steinach am Brenner, came to Dorf Tirol and took over the Nössinghof with the money from his inheritance, together with Maria from the Walknerhof in Sankt Peter (Dorf Tirol). Franz Knoflach and his son, also Franz Knoflach, were conductors of the village Tyrolean music band from 1890. The elder Franz Knoflach died at the age of 45. His son Franz Knoflach (born 1887) took over the farm and became at 18 the youngest conductor. He also sang in the church choir (see photo, the seventh seated from the left). He ran the farm until 1976, the family owned cows, pigs, chickens and they grew apples, wine and buckwheat. They even owned their own flour mill. He was married to Filomena Jaeger from Tischlerhof in Finele who was the midwife of Dorf Tirol. Their son, Rudolf Knoflach (born 1927) took over the farm

together with his wife Marta Hehl from Tschaupp Hof in Riffian. Based on the economics at the time they gave up the animals on the farm and intensified the fruit growing sector. Together they built the house we are in today. The first tourist guests came in the beginning of the 1980s. Rudolf's great-nephew, Simon Weger (born 1988) took over the farm at the age of 18 and modernized the apple cultivation. Together with his girlfriend Emily Kuen, also descendent from a tyrolian band conductor, graduated in touristik and hotel management they are proud to reopen the room rental business. They feel privilged to live in such a historic place and hope that the farm will be well preserved for many years to come.

Restaurants



In Dorf Tirol

Gasthaus Schloss Tirol: The inn is a stone's throw below the famous Schloss Tirol. There you can eat with a great panorama of Merano and the valley of Vinschgau. The restaurant gets most of its products from its own vegetable garden. (Only open for lunch and only accessible on foot, approx. 1 km from the village center)

Restaurant Andreas Hofer: You will find the historic inn right in the center of the village, across from the church. There you will be pampered with simple and lovely prepared dishes. The dishes offered are traditional, fresh and typically South Tyrolean.

Pizzeria Weinstube: At the main bus stop in the village center you will find the best pizza in the village. It is also a vibrant restaurant. (Reservation are recommended) +39 0473 923 033)

Culinaria im Farmerkreuz: The restaurant, which has been awarded a Michelin star, is located in the upper part of the village, with a wonderful view of the Adige Valley. This place is perfect for a special occasion: for an anniversary, wedding anniversary, birthday or just to toast life. At lunchtime there are delicious bistro dishes and in the evening, fine meals with accompanying wines are being served. (Reservation required in the evening +39 0473 923 508)

Wenzlhof: A wine tavern where products from their own cultivation are offered. There is a children's playground to let off steam and animals to marvel at. (No fixed opening times. Better to call: +39 0473 923 549)

Törggelekeller Tiroler Dorfmühle: Enjoy traditional South Tyrolean food in a rustic cellar. The ideal "Törggele" restaurant in autumn. (Phone: +39 335 543 0602)

In Merano



Pizzeria and Vinothek Relax: Only five minutes away you will find excellent Italian dishes and pizza. Everyone in Merano knows this small but fine restaurant. There you can also find great wines from South Tyrol and Italy. (Reservation recommended +39 0473 236735)

Forsterbräu Meran: In South Tyrol, not only are here high-class wines being produced, but fabulous beer is being brewed as well. Various types of beer are served with matching dishes. Here you will find typical alpine food. (Monday to Thursday only open for lunch, Friday to Sunday for lunch and dinner)

Trattoria al Boia / Executioner's House: In the old town of Merano. Regional products on a handwritten menu await you there. The Italian dishes are simple but yet sophisticated. (Open from Tuesday to Sunday. Sundays only at lunchtime)

Restaurant Kallmünz: Regional, seasonal and with a kick! Traditional dishes are served quickly, right in the heart of Merano Sandplatz! (Closed Tuesdays and Sunday evenings, reservation is recommended +39 0473 212 947)

Don't feel like leaving the house? You are also welcome to order something and eat in our dining room! The delivery address is: Aichweg 35 Dorf Tirol, Nössinghof. Simply state your telephone number when ordering and ask to be called as soon as the delivery guy is in front of the house.

Mega Pizza: A delivery service from Merano that delivers pizza, burgers, salads, Italian starters, kebab and desserts in the evening. The menu and prices can be found on their Facebook page Mega Pizza Merano. Phone number +39 0473 491 66

Farm products

Apples



We grow various apple varieties on our 7 hectare fields. The following is a list and brief explanation of the varieties.

Gala: The aroma of the sweet pulp is reminiscent of pear and a bit of a fruity fruit bouquet. It is the first variety that is harvested in South Tyrol from around mid-August and thus opens the apple season every year. This apple can have many different varieties of red color. It is very popular all over the world and is therefore also grown worldwide.

Kanzi: The Kanzi has very firm, crunchy flesh and is extremely juicy and aromatic. Compared to most other apples, the kanzi has an exceptionally high acid content and a relatively low sweetness. The club apple Kanzi loves hilly landscapes and that's why it thrives so well here in South Tyrol. The beautiful red and yellow color is reminiscent of the classic Snow White apple.

Golden Delicious: When ripe, it tastes very sweet with comparatively little acidity. In addition to a pronounced aniseed and cinnamon aroma, it has a ripe, fruity, slightly honey and pear-like aroma. This all-rounder among the apple varieties, which is picked between the beginning of September and mid-October, produces a very good quality, especially in higher growing locations, and also develops the typical red

cheek there. Because of its balanced sugar-acid ratio, this apple is also very popular with children.

Braeburn: The Braeburn is particularly convincing due to its crispness, firm flesh and sweet and sour aroma. It shows aromas of rose and fennel as well as waxy notes such as plum. This very robust variety originally comes from New Zealand and is a typical representative of warm growing locations. It is also one of the most productive red apple varieties.

Granny Smith: With its green color and very sour taste, the Granny Smith apple variety is unique in the apple world and the exact counterpart to Golden Delicious. In order to fully mature, this variety needs a very warm climate, which is found in South Tyrol, especially in the Etsch Valley. However, this apple is very sun-shy.

Fuji: The Fuji convinces first and foremost with its crisp skin and very juicy and sweet pulp. The Fuji variety originally comes from Japan and is number one in global cultivation. This apple is particularly at home in the warm valley areas and is harvested quite late. The successful cultivation of this variety is definitely a challenge, which also requires some expert knowledge.

Envy: A juicy sweetness meets a light pear note in this apple. In addition, it is easy to divide because its pulp does not turn brown. The special bite and its refreshing sweetness and beautiful coloring make it so special. Its skin is flawless and it can be enjoyed anywhere, anytime.

Red Delicious: It has a firm and juicy flesh that stays firm to the bite for a long time and looks floury. Its taste: very sweet, with relatively little acidity. The Red Delicious can be described as the "fashion apple" among all varieties: both the shape and the very eye-catching dark red color make this visually ideally shaped apple a real eye-catcher. This variety is particularly at home on the higher slopes and mountains with a cooler climate.

Cosmic Crisp: The novelty from the USA. A burgundy red apple with a firm, crunchy skin and juicy flesh. This club variety has been tinkered with for a long time: Even after a year of storage, it should not lose its smooth texture and fresh taste.

Apple juice

The apples for our homemade apple juice come straight from the fields to the farm. Here they are washed, crushed and pressed. This happens in a water pressure press (hydro press). A filter cloth is placed in a press basket (acts as a sieve). In the middle of the basket there is a kind of balloon, which is enlarged by the pressure of the incoming water. Then the apple mash is added and the lid is put on. The juice



is now squeezed out of the mash and collected by the water pressure of up to approx. 3 bar. The pure apple juice is then heated for disinfection and then bottled.

Preserves

There are various types of fruit and berries on the property: apples, apricots, pears, peaches, plums, mirabelle plums, strawberries, raspberries, blackberries. The jams are perfect as a spread, the chutneys are a great accompaniment for cheese. We also produce refreshing syrups and colorful juices from our own fruits.



loaf

Every day you will find a variety of homemade bread or pastries at breakfast. "Paarlen", a type of bread from the Vinschgau made from 60% rye flour and 40% wheat flour, are particularly typical of South Tyrol. These rolls are made with sourdough instead of yeast and seasoned with typical herbs: anise, fennel, caraway, bread clover.



yogurt

We also make yoghurt ourselves with the help of a yoghurt machine. This works by mixing yoghurt cultures with South Tyrolean milk in glass containers and heating them to around 45 degrees Celsius for several hours. The lactic acid bacteria start fermenting and after 8 hours the yogurt is ready.



Seasoned Salt

The herbs for our herbal salt grow directly on the farm. They are chopped up, dried and mixed with the best sea salt.



Chili powder

Your hosts like it spicy: we often season our dishes with homemade chilli powder or hot olive oil. The fiery fruits grow in our garden, then they are dried, ground and bottled.



Nice weather suggestions



Swimming in the Tyrolean outdoor pool: In Gnaidweg you will find the public swimming pool with a baby pool, a children's pool and a large pool. There you can rent deck chairs and lie on a lawn. There is also a bar and bistro. Reduced admission from 4 p.m.

Swimming in a lake: We consider the Lake Montiggl or Lake Kalterer.

Walk to Merano: There are several ways to Merano. Discover the footpath to Merano along the river "Passer". From the farm towards the south, cross Jaufenstrasse and follow the signs. Otherwise you could also do the famous "Tappeinerweg": Above the roofs of Merano from Gratsch to the "Pulverturm".

Hiking: For advices and cosiderations, ask Emily.

Kränzelhof Tschermers: A place where art, enjoyment and nature come together. A living art area consisting of seven gardens invites you to stroll and take a look. There is also something for children: a real labyrinth of tall bushes from where one tries to find his way out.

Gardens of Trautmannsdorff Castle: Discover the famous botanical gardens in Merano! The area has a lot to offer: in addition to the unique flora, there are ponds, 3D cinemas and parrot enclosures. Important: Plan 4 hours for the tour. To avoid the crowds, wait for the gardens to open at the entrance early in the morning.

Mini golf: Visit the mini golf course, which offers fun and amusement for the whole family! In Algund (15 minutes by car) you will find 2 courses with 18 holes each:

miniature golf and felt golf. Both facilities are suitable for every age group and ensure exciting leisure activities.

Hiking: For hiking tips and recommendations for a stop, please contact Emily.

Go-karting in Bolzano: In the Safety Park in Bolzano, it is possible to use rental karts with advanced notice. Frasnelli Kart: +39 335 606 9288

Paragliding flight over Tirol on our local mountain "Mut". Suitable for young and old! You can book a flight at the following number: +39 335 676 6891 or google: tirolfly

Play tennis and volleyball: there are two sand courts in the village for exciting tennis matches! Address: Hauptstrasse 61, telephone number +39 333 840 1384

Rafting: Rafting on the river in the valley! Start in Saltaus, reservation at: +39 349 417 8393

Canyoning and Tarzaning: Discover the gorges in the Passeier Valley in these action-packed tours! "Action Pur Passeiertal" open only during hot summer season phone number +39 348 2924124

Golf: In the Passeier Valley, not far from the Nössinghof, there is an 18-hole golf course. Reservation and information on +39 0473 641488

Birds of prey show below Tirol Castle: Marvel at rare birds of prey from the Alpine region at an air show twice a day.

Walk to St. Peter: If you are already near Castle Tirol, you could also go in the direction of St. Peter, a small fraction of Dorf Tirol. Refreshments: Thurnstein Castle.

Bad weather suggestions



1. table soccer tournament (For using it, ask Emily, she shows you where it is)
2. Board games
3. Bowling in the bowling bar in Dorf Tirol (reservation at +39 0473 923 140)
4. Darts in the Dorf Tirol bowling bar
5. Play pool in Merano Citypub (Tuesday to Friday 6:00 p.m. - 1:00 a.m., Saturday 2:00 p.m. - 1:00 a.m.)
6. Visit to the following museums:
 - Andreas Hofer Museum in St. Martin in Passeier
 - Museion in Bolzano: Art museum for contemporary and modern art
 - Kunsthaus Meran: Art museum with changing exhibitions on photography, architecture, visual arts, literature, music
 - Ötzi Museum in Bolzano
 - Rabland Railway Museum
 - Women's Museum in Merano

- Touriseum in the gardens of Trautmannsdorff Castle, Merano
- Passeier bunker museum
- Farm museum in Völlan
- Villa Freischütz house museum in Meran Obermais
- Messner Mountain Museum Firmian or Juval
- Bolzano Natural History Museum
- Typewriter Museum in Partschins
- South Tyrolean fruit growing museum in Lana



Day trips

If you are in the area, you could reach historical cities like Verona or Venice in a few hours by car. Lake Garda with its picturesque villages is only two hours away. It is important to start off as early as possible so in order not to be stuck in traffic! We would be happy to prepare a breakfast package for you on the way. (Please let us know the day before)

Lake Garda (1.5-2 hours by car)

It is the largest lake in Italy and can be easily reached in 1.5 hours by car. The lake is one of the most popular holiday regions in Italy because of its mild climate, inviting beaches and romantic villages.



The Alpe di Siusi (reachable in just one hour by car)

With 56 square kilometers, the Alpe di Siusi is Europe's largest high alpine pasture and part of UNESCO. This place inspires athletes, families and connoisseurs alike! Let yourself be impressed by the breathtaking views of the nearby Dolomite peaks. 300 days of sunshine, a varied flora with around 790 different plant species and the Dolomites UNESCO World Heritage make the excursion to Europe's largest high alpine pasture unique.



Verona (2.5 hours away by car)

Whether you are strolling through the historic old town, which has been a UNESCO World Heritage Site since 2000, whether you want to enrich yourself culturally in the Arena di Verona or whether you want to visit the many sights, a trip to Verona is worthwhile!



Venice (3.5 hours by car)

A must-see in Italy. Venice used to be an important trading and maritime power due to its geographical location. The city acted as a bridge between the Orient and the Occident. The city center was built on around 150 nearby islands. The urban area covers eight square kilometers on which one can find 150 canals, 3000 streets and 400 bridges. Cars are not allowed in the old town of Venice. You can leave your own vehicle outside the town center and explore the picturesque city on foot or by small boats. These boats act like buses and taxis there are stops at the various attractions where you can get on and off. Highly recommended also a romantic gondola tour!

